



Holywell Primary School

Tolpits Lane, Watford, Herts, WD18 6LL

Tel: 01923 225188 email: admin@holywell.herts.sch.uk

Headteacher: Mr Coert van Straaten MA. Ed, Dip Edu, NPQH

we are a learning community with the spirit to succeed

Friday 26th May 2023

Dear Parents/Carers of Year 5 and Year 6

As part of our Personal, Social and Health curriculum the Class Teachers of Year 5 and Year 6 will be leading sessions on puberty and sex education to the pupils of Year 5 and Year 6 Week Commencing 12th June 2023.

The children from Year 5 will watch a DVD covering -

- To explore the emotional and physical changes occurring in puberty
- To understand male and female puberty changes in more detail
- To explore the impact of puberty on the body and the importance of hygiene
- To explore ways to get support during puberty

The children from Year 6 will watch a DVD covering -

- To consider puberty and reproduction
- Consider physical and emotional behaviour in relationships
- To explore the process of conception and pregnancy
- To explore positive and negative ways of communicating

The Class Teachers will be available throughout the session and will be able to answer any questions the children may have, sharing age appropriate information. This is an important part of the personal, social and health curriculum and we believe it is essential that the children are allowed to take part in the sessions. Due to the objectives being covered through the Year 5 videos it is compulsory that your children watch the video in school as it links to our Science learning. However, if your child is in Year 6 and you choose to remove your child from the lessons you must provide the reason for this in writing to the school by Monday 12th June 2023. You will also have the responsibility to teach the information covered in class to the children at home and will need to confirm in your letter how you intend to do this.

We would also like to make parents/carers aware that, following the lessons the children will undoubtedly share information on the playground. This does mean that even if you remove your child from the lesson they will no doubt hear some of the information shared from their classmates.



On Wednesday 7th June, parents and carers will have the opportunity to view the DVD online prior to the lessons taking place.

- Parents/Carers of children in Year 5 at 3.30 pm
- Parents/Carers of children in Year 6 at 4.00 pm

If you would like to attend the viewing please confirm by emailing the school office. The videos will be shown in the KS1 hall so please enter through the school office.

For Year 6 parents, if you would like your child to be removed from these sessions please email Miss Patrick enclosing the information shared above patrickl@holywell.herts.sch.uk.

Yours faithfully



Mr C van Straaten
Headteacher