



# Holywell Primary School

Tolpits Lane, Watford, Herts, WD18 6LL  
Tel: 01923 225188 email: [admin@holywell.herts.sch.uk](mailto:admin@holywell.herts.sch.uk)  
Headteacher: Mr Coert van Straaten MA. Ed, Dip Edu, NPQH  
*we are a learning community with the spirit to succeed*

Friday 7<sup>th</sup> February 2020

Dear Parents/Carers,

## Parents' Evening

76% of parents have currently booked their Parents' Evening appointment. There is still time to book an appointment and parents must do so as soon as possible. Parents' Evening is taking place on Tuesday 11<sup>th</sup> February 2020 from 3:30 pm to 6:00 pm and Thursday 13<sup>th</sup> February 2020 from 5:00 pm to 7:30 pm. The online booking system will close on the morning of each Parents' Evening to give Teachers enough time to prepare for the meetings. Mrs Keshiro, the Leader of Inclusion, will also be available during the evening to meet parents about SEND. Appointments with her can be booked on the same system. As ever, I will be around the school on both evenings if parents want to meet me.

## Festivals of Learning

Remember our Festivals of Learning will take place next week. Please come and support your child on their respective day.

| FESTIVAL OF LEARNING |  |          |
|----------------------|--|----------|
| <b>Nursery</b>       | Friday 14 <sup>th</sup> February 2020    | 11:30 am |
| <b>Reception</b>     | Monday 10 <sup>th</sup> February 2020    | 9:00 am  |
| <b>Year 1</b>        | Wednesday 12 <sup>th</sup> February 2020 | 3:00 pm  |
| <b>Year 2</b>        | Thursday 13 <sup>th</sup> February 2020  | 9:00 am  |
| <b>Year 3</b>        | Monday 10 <sup>th</sup> February 2020    | 3:00 pm  |
| <b>Year 4</b>        | Tuesday 11 <sup>th</sup> February 2020   | 3:00 pm  |
| <b>Year 5</b>        | Tuesday 11 <sup>th</sup> February 2020   | 9:00 am  |
| <b>Year 6</b>        | Tuesday 11 <sup>th</sup> February 2020   | 9:00 am  |

## Netball

This week our Year 5 and Year 6 girls' netball team faced St Anthony's RC Primary School in their third match. All of the girls played exceptionally well with some fantastic teamwork and shooting. The final score was 4-0 to Holywell Primary School. Well done to all that played! Player of the match was Charity, for her brilliant shooting and understanding of space.



### Half Term

We would like to remind you school be closed from Monday 17th February until Friday 21st February inclusive for half term. The school closes on Friday 14th February 2020 at normal time.

### Pancake Sale

We will be having a Pancake Sale on Wednesday 26<sup>th</sup> February at 3:15 pm. Please can you donate pancakes by Tuesday 25<sup>th</sup> February 2020. Toppings will be provided. All money raised will go towards developing our playground.

### Reception Online Health Assessment

Parents of children in Reception will have received an email from Hertfordshire Community NHS Trust asking them to complete an online health assessment questionnaire. We kindly ask that this is completed as soon as possible.

### Class Assemblies

| Olympic Hall at 9:10am    |                 |                        |
|---------------------------|-----------------|------------------------|
| DATE                      | CLASS           | TOPIC                  |
| Friday 14th February 2020 | Year 5 Elder    | Valentine              |
| Half Term                 |                 |                        |
| Friday 28th February 2020 | Year 4 Mulberry | Shrove Tuesday         |
| Friday 6th March 2020     | Year 4 Cedar    | World Book Day         |
| Friday 13th March 2020    | Year 3 Pine     | St Patrick's Day       |
| Friday 20th March 2020    | Year 3 Aspen    | Mother's Day           |
| Friday 27th March 2020    | Year 2 Hawthorn | Easter                 |
| Friday 3rd April 2020     | Year 2 Hazel    | Resourcefulness/Awards |

### Internet Safety Day



Even though Internet Safety Week is taking place next week, we have been learning about internet safety over the last two weeks. Next week is very busy and we did not want to miss out on this important learning with the jam packed week that is planned, full of activities including Festival of Learning and Feeling Good Week. Today at 11:15 am all classes got together and shared their learning across the year groups. In

the newsletter next week, we will be posting photographs of the amazing work that children have been doing.

## Feeling Good Week



Monday 10<sup>th</sup> February to Saturday 15<sup>th</sup> February 2020 is Feeling Good Week. We will update parents daily via our Twitter account with all the activities during the week.

Please follow us on [@PrimaryHolywell](https://twitter.com/PrimaryHolywell) to see the daily updates.

The activities include: Herts Young Minds assemblies and workshops, a special music performance by Year 4, Holywell Olympics and 'Holywell has got Talent'.

## Year 1 – Kings and Queens Workshop

Year 1 participated in a Kings and Queens workshop on Wednesday 5<sup>th</sup> February 2020. They had the opportunity to learn about Kings and Queens across the ages from Cleopatra to Henry VIII. We explored the qualities of a good monarch and met famous monarchs across different historical eras. The children engaged in a variety of drama based activities to explore the timeline and understand the power of Kings and Queens throughout the ages. This led onto our Royal Afternoon, which consisted of a royal ball, banquet and castle competition.



## Year 4 Indus Valley Workshop

Cedar and Mulberry took a trip back 5000 years to the Indus Valley on Friday 7<sup>th</sup> February 2020. Building on from their learning this term, they worked with a Time Traveller to discover what happened at the beginnings of the civilisation and journeyed around Indus Valley towns and cities learning about the trade, farming and religious practices of this ancient civilisation.

Year 4 had great fun developing their knowledge further and becoming experts in the Indus Valley civilisation.



## Holywell Charter and Star Certificates

| Class     | Charter certificate | Star Learner of the Week award | Class    | Charter certificate | Star Learner of the Week award |
|-----------|---------------------|--------------------------------|----------|---------------------|--------------------------------|
| Blue Base | Muhammed            | Medeea                         | Mulberry | Bentley             | Sanjsaya                       |
| Red Base  | Zayvon              | Oliver                         | Cedar    | Bailey              | Aahana                         |
| Sycamore  | Esther              | Radul                          | Chestnut | Eduarda             | Katie                          |
| Maple     | Liam                | Lilly-Rae                      | Elder    | Maryam              | Adam                           |
| Hawthorn  | Alizah              | David                          | Elm      | Falak               | Ital                           |
| Hazel     | Stefan              | Sainabourbinta                 | Rowan    | Samuel              | Mohammad                       |
| Pine      | Madeline            | Kyran                          | Birch    | Wiyam               | Aisha                          |
| Aspen     | Indianna            | Katherine                      |          |                     |                                |

### Attendance by Class

Last week's attendance by class:

|            |     |          |     |
|------------|-----|----------|-----|
| Nursery am | 90% | Pine     | 92% |
| Blue Base  | 96% | Mulberry | 99% |
| Red Base   | 97% | Cedar    | 95% |
| Maple      | 94% | Chestnut | 96% |
| Sycamore   | 93% | Elder    | 94% |
| Hawthorn   | 97% | Birch    | 92% |
| Hazel      | 98% | Elm      | 94% |
| Aspen      | 97% | Rowan    | 96% |

### Whole School Attendance

Whole school attendance for the academic year till last Friday is:

## 94.2 %

### Attendance and Punctuality

Best classes in the whole school for attendance and punctuality last week were:

| Attendance     | Punctuality   |
|----------------|---------------|
| KS1: Hazel     | KS1: Sycamore |
| KS2 : Mulberry | KS2: Mulberry |



# Dates for your Diary

## SPRING TERM

### FEBRUARY 2020

Monday 10<sup>th</sup> to Friday 14<sup>th</sup> February 2020 – FEELING GOOD WEEK

Monday 10<sup>th</sup> to Friday 14<sup>th</sup> February 2020 – Festival of Learning Week

Monday 10<sup>th</sup> February 2020 – Herts Young Minds workshops in school, part of Feeling Good week

Monday 10<sup>th</sup> February 2020 – Reception – Festival of Learning at 9:00 am

Monday 10<sup>th</sup> February 2020 – Year 3 – Festival of Learning at 3:00 pm

Tuesday 11<sup>th</sup> February 2020 – Internet Safety Day

Tuesday 11<sup>th</sup> February 2020 – Year 5 – Festival of Learning at 9:00 am

Tuesday 11<sup>th</sup> February 2020 – Year 6 – Festival of Learning at 9:00 am

Tuesday 11<sup>th</sup> February 2020 – Herts Young Minds workshops in school – Forest Skills, part of Feeling Good Week

Tuesday 11<sup>th</sup> February 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited

Tuesday 11<sup>th</sup> February 2020 – Year 4 – Festival of Learning at 3:00 pm

Tuesday 11<sup>th</sup> February 2020 – Wizard Theatre in

Tuesday 11<sup>th</sup> February 2020 – Year 4 – Cricket at Queens' School

Tuesday 11<sup>th</sup> February 2020 – Parents Evening – 3:30 pm to 6:00 pm

Wednesday 12<sup>th</sup> February 2020 – Year 1 – Festival of Learning at 3:00 pm

Wednesday 12<sup>th</sup> February 2020 – EYFS and KS1 Holywell Olympics, part of Feeling Good Week

Wednesday 12<sup>th</sup> February 2020 – KS2 Master Chef, part of Feeling Good week

Wednesday 12<sup>th</sup> January 2020 – Year 4 Cornet Lessons

Wednesday 12<sup>th</sup> February 2020 – Year 5 Ukulele Lessons

Thursday 13<sup>th</sup> February 2020 – KS2 Holywell Olympics, part of Feeling Good Week

Thursday 13<sup>th</sup> February 2020 – Year 2 – Festival of Learning at 9:00 am

Thursday 13<sup>th</sup> February 2020 – EYFS and KS1 Master Chef, part of Feeling Good Week

Thursday 13<sup>th</sup> February 2020 - Year 3 Pine Swimming

Thursday 13<sup>th</sup> February 2020 – Parent Evening – 5:00 pm to 7:30 pm

Thursday 13<sup>th</sup> January 2020 – Rock Steady Music Lessons

Friday 14<sup>th</sup> February 2020 - Whole School assembly (9:05) – Parents invited

Friday 14<sup>th</sup> February 2020 – Nursery – Festival of Learning at 11:30 am

Friday 14<sup>th</sup> February 2020 – Holywell has Talent, part of Feeling Good Week

**Monday 17<sup>th</sup> February 2020 – Friday 21<sup>st</sup> February 2020 – Half Term**

## **FEBRUARY 2020 – continued**

Tuesday 25<sup>th</sup> February 2020 – Netball Match against Knutsford – home

Tuesday 25<sup>th</sup> February 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited

Tuesday 25<sup>th</sup> February 2020 – Year 4 Cedar Trip to Parliament

Tuesday 25<sup>th</sup> February 2020 – Netball Match against Knutsford School – home

Wednesday 26<sup>th</sup> February 2020 – Wizard Theatre in

Wednesday 26<sup>th</sup> February 2020 – Year 4 Cornet Lessons

Wednesday 26<sup>th</sup> February 2020 – Year 5 Ukulele Lessons

Thursday 27<sup>th</sup> February 2020 – Rock Steady Music Lessons

Thursday 27<sup>th</sup> February 2020 – Girls Athletics at Queens' School

Thursday 27<sup>th</sup> February 2020 - Year 4 Aspen Swimming

Friday 28<sup>th</sup> February 2020 - Whole school assembly 9:05 am – Parents invited

Friday 28<sup>th</sup> February 2020 – Last day to apply for Nursery September 2020

## **MARCH 2020**

Monday 2<sup>nd</sup> March 2020 – Year 7 September 2020 – Allocation Day

Monday 2<sup>nd</sup> March 2020 to Friday 7<sup>th</sup> March 2020 – Assessment Week

Tuesday 3<sup>rd</sup> March 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited Tuesday

3<sup>rd</sup> March 2020 – Wizard Theatre in

Wednesday 4<sup>th</sup> March 2020 – Gymnastics at Watford Girls

Wednesday 4<sup>th</sup> March 2020 – Year 4 Cornet Lessons

Wednesday 4<sup>th</sup> March 2020 – Year 5 Ukulele Lessons

Thursday 5<sup>th</sup> March 2020 - Year 4 Aspen Swimming

Friday 6<sup>th</sup> March 2020 - Whole School assembly 9:05 am – Parents invited

Monday 9<sup>th</sup> March 2020 – Nursery September 2020 – Allocation Day

Tuesday 10<sup>th</sup> March 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited Tuesday

10<sup>th</sup> March 2020 – Wizard Theatre in

Wednesday 11<sup>th</sup> January 2020 – Year 4 Cornet Lessons

Wednesday 11<sup>th</sup> March 2020 – Year 5 Ukulele Lessons

Thursday 12<sup>th</sup> March 2020 – Rock Steady Music Lessons

Thursday 12<sup>th</sup> March 2020 - Year 4 Aspen Swimming

Friday 13<sup>th</sup> March 2020 - Whole school Assembly 9:05 am – Parents invited

Tuesday 17<sup>th</sup> March 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited Tuesday

Tuesday 17<sup>th</sup> March 2020 – Wizard Theatre in

## **MARCH 2020 – continued**

Tuesday 17<sup>th</sup> March 2020 – Year 4 Tennis at Watford Girls School

Wednesday 18<sup>th</sup> March 2020 – Year 4 Cornet Lessons

Wednesday 18<sup>th</sup> March 2020 – Year 5 Ukulele Lessons

Thursday 19<sup>th</sup> March 2020 - Year 4 Swimming – Aspen class

Thursday 19<sup>th</sup> March 2020 – Rock Steady Music Lessons

Friday 20<sup>st</sup> March 2020 - Whole School assembly 9:05 am – Parents invited

Tuesday 24<sup>th</sup> March 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited Tuesday

24<sup>th</sup> March 2020 – Governors Meeting 6:30 pm

Tuesday 24<sup>th</sup> March 2020 – Wizard Theatre in

Wednesday 25<sup>th</sup> March 2020 – Year 4 Cornet Lessons

Wednesday 25<sup>th</sup> March 2020 – Year 5 Ukulele Lessons

Thursday 26<sup>th</sup> March 2020 – Rock Steady Music Lessons

Thursday 26<sup>th</sup> March 2020 - Year 4 Aspen Swimming

Friday 27<sup>th</sup> March 2020 - Whole school assembly 9:05 am – Parents invited

Monday 30<sup>th</sup> March 2020 – Festival of Learning Week

Tuesday 31<sup>st</sup> March 2020 – Parent coffee morning - 9:00 am to 10:00 am – all parents invited

Tuesday 31<sup>st</sup> March 2020 – Wizard Theatre in

Wednesday 1<sup>st</sup> April 2020 – Year 4 Cornet Lessons

Wednesday 1<sup>st</sup> April 2020 – Year 5 Ukulele Lessons

Thursday 2<sup>nd</sup> April 2020 – Rock Steady Music Lessons

Thursday 2<sup>nd</sup> April 2020 - Year 4 Aspen Swimming

Friday 3<sup>rd</sup> April 2020 - Whole school presentation assembly 9:05 am – Parents invited

Friday 3<sup>rd</sup> April 2020 – Nursery finishes at midday

Friday 3<sup>rd</sup> April 2020 – End of Spring Term – school closes at 1:30pm

## ENRICHMENT DAYS:

- Monday 10 February 2020- [Tu B'Shevat \(Arbor Day\)](#)
- Wednesday 12 February 2020 - [Darwin Day](#)
- Friday 14<sup>th</sup> February 2020 - Valentine's Day
- Tuesday 25<sup>th</sup> February 2020 - Shrove Tuesday
- Wednesday 26<sup>th</sup> February 2020 - [Ash Wednesday \(Lent begins\)](#)
- Sunday 1<sup>st</sup> March 2020 - [Women's History Month](#)
- Sunday 1<sup>st</sup> March 2020 - [St David's Day](#)
- Thursday 5<sup>th</sup> March 2020 [World Book Day](#)
- Friday – 6<sup>th</sup> March 2020 - [British Science Week begins](#)
- Sunday 8<sup>th</sup> March 2020 - [International Women's Day](#)
- Tuesday 10<sup>th</sup> March 2020 - [Holi Purim](#)
- Saturday 14<sup>th</sup> March 2020 - [Pi Day](#)
- Tuesday 17<sup>th</sup> March 2020 - [St Patrick's Day](#)
- Saturday – 21<sup>st</sup> March 2020 - [World Poetry Day](#)
- Sunday 22<sup>nd</sup> March 2020 - [World Water Day](#)
- Sunday – 22<sup>nd</sup> March 2020 - [Mother's Day](#)
- Sunday 22<sup>nd</sup> March 2020 - [Isra and Mi'raj](#)
- Wednesday 1<sup>st</sup> April 2020 - [April Fool's Day](#)
- Thursday 2<sup>nd</sup> April 2020 - [World Autism Awareness Day](#)
- Sunday 5<sup>th</sup> April 2020 - [Palm Sunday](#)
- Tuesday 7<sup>th</sup> April 2020 - [World Health Day](#)
- Wednesday 8<sup>th</sup> April 2020 - [Passover](#)
- Thursday – 9<sup>th</sup> April 2020 - [Maundy Thursday](#)
- Friday 10<sup>th</sup> April 2020 - [Good Friday](#)
- Sunday 12<sup>th</sup> April 2020 - [Easter Sunday](#)
- Monday 13<sup>th</sup> April 2020 - [Easter Monday](#)
- Tuesday 21<sup>st</sup> April 2020 - [Yom HaShoah](#)
- Wednesday 22<sup>nd</sup> April 2020 - [Earth Day](#)
- Wednesday 22<sup>nd</sup> April 2020 - [Stephen Lawrence Day](#)
- Thursday 23<sup>rd</sup> April 2020 - [St George's Day](#)
- Thursday 23<sup>rd</sup> April 2020 - [Shakespeare's birthday](#)
- Friday 24<sup>th</sup> April 2020 - [Ramadan begins](#)
- Friday 1<sup>st</sup> May 2020 - [May Day](#)
- Sunday 3rd May 2020 – [World Press Freedom Day](#)
- Wednesday 6th May 2020 – [Bike to School Day](#)
- Saturday 23rd May 2020 – [Ramadan](#)
- Sunday 24th May 2020 – [Eid ul-Fitr begins](#)
- Friday 5th June 2020 – [World Environment Day](#)
- Saturday 6th June 2020 – [Anniversary of D-Day](#)
- Monday 8th June 2020 – [World Oceans Day](#)
- Thursday 11th June 2020 – [Millicent Garrett Fawcett's birthday](#)
- Saturday 20th June 2020 – [World Refugee Day](#)
- Sunday 21st June 2020 – [Father's Day](#)
- Monday 22nd June 2020 – [Windrush Day](#)
- Friday 31st July 2020 – [Eid ul-Adha](#)



Community Learning Partnership is a registered charity no. 1155750



• JOIN CLP FOR DC & MARVEL THEMED CRAFTS •

# SUPERHEROES

MONDAY 17TH & TUESDAY 18TH FEBRUARY

10AM TO 3PM

ST MARTIN'S CHURCH,  
MUIRFIELD ROAD, WATFORD, WD19 6JD

£12 PER FAMILY

Join our exciting & friendly tutor Geraldene, for a packed superhero themed two day family English course in February half term.

The activities will include making a Dr Strange cape, Aquaman's trident, Wonder Woman's lasso of truth & creating a comic strip.

Literacy learning is cleverly woven into the crafts to help your child.

All materials are included; just bring a packed lunch.

This course is heavily subsidised by HAFLS, hence the great price.

If you have any questions please call Pam on 020 8421 5544

To book go to:

<https://clp-superheroes.eventbrite.com>





FEBRUARY HALF TERM

# FOOTBALL COURSES

*For girls and boys aged 5 - 12*



**INFLATABLE FUN**



**SPEED SHOT**

**MEDALS**

**STAR OF THE DAY**

**BOOK NOW**  
[waffordfc.coordinate.cloud](http://waffordfc.coordinate.cloud)

| DATE                | TIME                    | VENUE   | AGE    | WEEK       | DAY           |
|---------------------|-------------------------|---|--------|------------|---------------|
| 17th Feb - 21st Feb | 9am - 4pm               | Westfield Academy,<br>Watford, WD18 6NS                 | 6 - 12 | £75        | £19           |
| 17th Feb - 21st Feb | 9am - 4pm               | The Hemel Hempstead School,<br>Hemel Hempstead, HP1 1TX | 6 - 12 | £75        | £19           |
| 17th Feb - 21st Feb | 9am - 4pm<br>10am - 3pm | *Meriden Community Centre,<br>Watford, WD25 9ET         | 5 - 12 | £75<br>£65 | £19<br>£16.50 |
| 17th Feb - 21st Feb | 9am - 4pm               | Roundwood Park School,<br>Harpenden, AL5 3AE            | 6 - 12 | £75        | £19           |
| 17th Feb - 21st Feb | 9am - 4pm<br>10am - 3pm | *Cedars YCC,<br>Harrow, HA3 6QH                         | 5 - 12 | £75<br>£65 | £19<br>£16.50 |

\*Walk Ons: £20 for 9am - 4pm, £17.50 for 10am - 3pm



## Watford & Three Rivers Hubs



**Westfield Family Centre**  
Croxley View, Watford  
WD18 6NS

**South Oxhey Family Centre**  
Northwick Road, South Oxhey  
Watford, WD19 6NL

0300 123 7572

✉ [watford&threerivers.fcsenquiries@inspireall.com](mailto:watford&threerivers.fcsenquiries@inspireall.com)

🌐 [hertsfamilycentres.org](http://hertsfamilycentres.org)

Watford & Three Rivers  
Family Centre Service



### Where to find Services

Listed below are the locations of your local services. For more choice and to access all services countywide please visit [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)

**Bedmond Village Hall**  
Abbots Langley, WD5 0QP

**Leavesden Family Centre**  
High Road, Leavesden  
Watford, WD25 7QZ

**Tanners Wood Hall**  
School Mead  
Abbots Langley, WD5 0FE

**Beechfield Family Centre**  
Gammons Lane  
Watford, WD24 5TY

**Littlebury Family Centre**  
Littlebury Hall  
Mildred Avenue  
Watford, WD18 7DY

**Tesco Community Room**  
239-241 Lower High Street  
Watford, WD17 2BD

**Berrygrove Family Centre**  
Cow Lane  
Watford, WD25 9PW

**Otley Way Family Centre**  
Otley Way, Watford,  
WD19 7TB

**Westfield Family Centre**  
Croxley View, Watford  
WD18 6NS

**Chorleywood**

**Community Library**  
Lower Road  
Chorleywood, WD3 5LB

**William Penn Leisure Centre**  
Shepherds Lane, Mill End  
WD3 8JN

**Croxley Green Family Centre**  
Dulwich Way, Croxley Green  
Rickmansworth, WD3 3PX

**Skidmore Way Health Clinic**  
Skidmore way  
Rickmansworth, WD3 1SZ

**South Oxhey Family Centre**  
Northwick Road  
South Oxhey, WD19 6NL

**Ebury Family Centre**  
off Raglen Gardens,  
Oxhey Hall,  
Watford, WD19 4LL

# WHAT'S ON

## Watford & Three Rivers District



## Spring Programme January - April 2020

Covering Oxhey, South Oxhey, Watford, Croxley Green,  
Rickmansworth, Chorleywood, Leavesden, Abbots Langley

Visit our website:

[www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)

0300 123 7572

Delivered by



**InspireAll**

**NHS**  
Hertfordshire Community  
NHS Trust

On behalf of



# Welcome to your Family Centre...

Join us this January for a special session to 'Explore & Discover' what your local Family Centre has on offer for you and your family.

We also have more Parenting Courses running thanks to a National Lottery Grant, plus mental health workshops at various locations delivered by Herts Mind.

Interested in Volunteering? Exciting opportunities are available for families in all areas. Volunteers can expect to gain skills and experience that may lead to further training and paid employment.

Parents, to ensure that all our children are protected and kept safe can we remind you that mobile phones need to be switched off during our sessions.



Oxhey, South Oxhey, Watford, Croxley Green, Rickmansworth, Chorleywood, Leavesden, Abbots Langley



Keep up to date

For regular updates on the Family Centre service please see our Facebook page: Watford and Three Rivers Family Centre Service

For support and guidance with feeding your baby please speak to a member of staff

How to book

To book please visit our Eventbrite account [watfordandthreeriversfcs.eventbrite.com](http://watfordandthreeriversfcs.eventbrite.com). Please note that if you are booking 'Preparing for Baby' please go to [www.eventbrite.co.uk/o/hct-20041788297](http://www.eventbrite.co.uk/o/hct-20041788297) and select a convenient time and date.

We also offer a loyalty card at our drop in sessions which is available at all centres. Attend 5 sessions and your 6th session is free.

## What's On...

**Specialist Breastfeeding Support**  
For Specialist Breastfeeding Support please call 0300 123 7572. Select your area, then choose option 1 to talk to a Health Visitor. NHS

**Register with us**  
This programme of activities is subsidised with local authority funding for Hertfordshire families registered with the Family Centre Service. Please ensure that you are registered prior to attending an event. If you are not already registered, for ease we would recommend you do so before your first event with us, otherwise registration will be required on the day. Simply scan the QR code below and follow the instructions or visit our website: [www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)



**2 Year Group Reviews**  
Speak to a team member

Run by local Health Visitors and Family Centre Staff. Parents will receive a letter from the Public Health Nursing team inviting them to book an appointment for their child's development check. NHS

**About Me**  
Adults - Speak to a team member

A five week course designed to increase and build emotional resilience and well-being.

**Active Rhyme Time**  
1-3yrs

You and your child will have fun jumping, marching and joining in with the actions to your favourite rhymes. Supporting both your child's physical and language development.

**Baby and Toddler Health Clinic**  
0-5yrs

The Baby and Toddler Health Clinic is run by local Health Visitors and Family Centre staff. It is a chance for you to weigh your baby and get support on your family's health including breastfeeding. NHS

**Baby Massage**  
2-8 mths

Learn to massage your baby. Find out how it helps with their sleeping, digestion and colic. Get to know other families and ask for help and advice. 5 week course.

**Baby Sing & Play**  
0-12 mths

A fun, interactive session for babies with singing, actions and tummy time. An opportunity to discover more about your baby's development and to make new friends in a relaxed and friendly environment.

**Breastfeeding Group**  
Mum & Baby

An opportunity to meet other mums and get comfortable with breastfeeding out and about. Support available from trained Family Centre staff.

**Crèche**  
0-5yrs

A chargeable service, available for parents attending a course.

**Early Talk**  
18mths - 2.5yrs

Speak to a team member. A six week course to develop strategies and ideas to promote your child's communication and language. Run in partnership with the speech and language team. NHS

**Families Feeling Safe**  
Adults - Speak to a team member

A free 9 week course to enable parents and carers to recognise

**Introduction to Solid Foods**  
4-6 mths

NHS guidelines recommend introducing solid foods to your baby around 6 months. Join us when your baby is 4-6 months old so you can prepare early, know the signs your baby is ready for food and get information in line with NHS guidelines as you prepare for this exciting next stage.

**Parenting Puzzle**  
Speak to a team member

For Parents/Carers with children aged 3 - 11 years. This course will enable you to understand how emotions can influence actions and offers practical ways of guiding children so that they learn to manage their feelings and control their behaviour.

**Preparing for Baby**  
Mums to be

Delivered by Midwives, Health Visitors and Family Support Staff. All you need to prepare you for labour and parenthood. Book onto this course by around week 25 of your pregnancy to complete by week 35. To book please go to [www.eventbrite.co.uk/o/hct-20041788297](http://www.eventbrite.co.uk/o/hct-20041788297) and select a convenient time and date. NHS

**Family Fun**  
0-8 years

Fun sessions during the school holidays where you can play with your children and meet other local families and Family Centre staff.

**Family Toolkit**  
Adults - Speak to a team member

Do you have a child aged 2 to 5 years old? This is a great course to learn some new ideas about how to manage your child's behaviour and get the best out of family life.

**First Aid**  
Adults Only

A 2 hour introduction to First Aid. This session will focus on baby and child resuscitation, treating head injuries, choking and burns. Parents to be are welcome. Led by an experienced First Aid Trainer.

**Rhyme Time**  
0-5yrs

Come and join us for a fun session with rhymes and music. You and your child will be encouraged to join in with singing and movement and can explore instruments and sensory materials. You will have the chance to make friends with other parents and carers.

**Stay & Play**  
0-5yrs

A fun-filled session which brings together all of your children's favourite activities. This session is for you and your children to play together. Please dress your children in old clothes.

**Welcome to the World**  
Adults - Speak to a team member

This is for parents expecting a baby who are 22+ weeks into pregnancy. What does it mean to become a parent? Prepare for a new life with a baby. Meet other parents-to-be. You can come on your own or bring a friend or partner if you prefer.

The Family Centre also offers other courses on nutrition and healthy eating. Please ask a member of staff for more information.

## Monday

|   |        |
|---|--------|
| <b>Family Toolkit (ask staff)</b><br>Otley Way Family Centre<br>09:30 - 11:30<br>4 wk course: 9th Mar - 30th Mar          | ●<br>● |
| <b>About Me (ask staff)</b><br>Westfield Family Centre<br>09:30 - 11:30<br>5 wk course: 27th Jan - 2nd Mar (not 17th Feb) | ●<br>● |
| <b>Stay &amp; Play</b><br>William Penn Leisure Centre<br>10:00 - 11:30<br>Weekly (not 13th Apr)                           | ●      |
| <b>Stay &amp; Play</b><br>Beechfield Family Centre<br>10:00 - 11:30<br>Weekly (not 13th Apr)                              | ●      |
| <b>Early Talk (ask staff)</b><br>Croxley Green Family Centre<br>10:00 - 11:30<br>6 wk course: 24th Feb - 30th Mar         | ●      |
| <b>2 Year Group Reviews (invite only)</b><br>Leavesden Family Centre<br>13:00 - 16:00<br>Weekly (not 13th Apr)            | ●<br>● |
| <b>First Aid</b><br>Westfield Family Centre<br>13:00 - 15:00<br>30th Mar  | ●<br>● |
| <b>Introduction to Solid Foods</b><br>Berrygrove Family Centre<br>13:00 - 14:30<br>17th Feb                               | ●<br>● |
| <b>Baby Sing &amp; Play</b><br>Littlebury Family Centre<br>13:30 - 14:30<br>Weekly (not 13th Apr) [Pay & Display Parking] | ●<br>● |
| <b>Baby &amp; Toddler Health Clinic</b><br>Croxley Green Family Centre<br>13:30 - 15:00<br>Weekly (not 13th Apr)          | ●<br>● |
| <b>First Aid</b><br>Croxley Green Family Centre<br>19:00 - 21:00<br>27th Jan  | ●<br>● |

## Tuesday

|  |             |
|--|-------------|
| <b>Welcome to the World (ask staff)</b><br>Westfield Family Centre<br>09:30 - 11:30<br>9 wk course: 4th Feb - 31st Mar       | ●           |
| <b>2 Year Group Reviews (invite only)</b><br>Westfield Family Centre<br>09:00 - 13:00<br>Weekly                              | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Beechfield Family Centre<br>09:30 - 11:00<br>Weekly                               | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Skidmore Way Health Clinic<br>09:30 - 11:30<br>Weekly (limited parking available) | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Tesco Community Room<br>10:00 - 11:30<br>Weekly                                   | ●<br>●      |
| <b>Baby Sing &amp; Play</b><br>South Oxhey Family Centre<br>10:00 - 11:00<br>Weekly (not 21st Jan)                           | ●<br>●      |
| <b>Rhyme Time</b><br>Bedmond Village Hall<br>10:00 - 11:00<br>Weekly (not 21st Jan)  | ●           |
| <b>Preparing For Baby</b><br>Westfield Family Centre<br>16:30 - 18:30<br>3 wk course: See link in description to book        | ●<br>●<br>● |
| <b>Preparing for Baby</b><br>South Oxhey Family Centre<br>16:30 - 18:30<br>3 wk course: See link in description to book      | ●<br>●<br>● |

## Wednesday

|  |             |
|--|-------------|
| <b>Parenting Puzzle (ask staff)</b><br>Westfield Family Centre<br>09:30 - 11:30<br>10 wk course: 22nd Jan - 1st Apr (not 19th Feb) | ●<br>●      |
| <b>2 Year Group Reviews (invite only)</b><br>Berrygrove Family Centre<br>09:00 - 13:00<br>Weekly                                   | ●<br>●      |
| <b>2 Year Group Reviews (invite only)</b><br>South Oxhey Family Centre<br>09:00 - 13:00<br>Weekly                                  | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Littlebury Family Centre<br>09:30 - 11:00<br>Weekly (Pay & Display Parking)             | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>Westfield Family Centre<br>10:00 - 11:30<br>8th Apr  | ●<br>●      |
| <b>Baby Massage</b><br>Beechfield Family Centre<br>10:00 - 11:30<br>5 wk course: 15th Jan - 12th Feb                               | ●<br>●<br>● |
| <b>Baby Massage</b><br>Croxley Green Family Centre<br>10:00 - 11:30<br>5 wk course: 26th Feb - 25th Mar                            | ●<br>●<br>● |
| <b>Baby Sing &amp; Play</b><br>Chorleywood Community Library<br>10:00 - 11:00<br>Weekly  | ●<br>●      |
| <b>Baby Sing &amp; Play</b><br>Leavesden Family Centre<br>10:00 - 11:00<br>Weekly  | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>Beechfield Family Centre<br>13:00 - 14:30<br>4th Mar   | ●<br>●      |
| <b>Stay &amp; Play</b><br>Westfield Family Centre<br>13:00 - 14:30<br>Weekly   | ●           |
| <b>Explore &amp; Discover your Family Centre</b><br>Westfield Family Centre<br>13:00 - 15:00<br>22nd Jan - FREE                    |             |
| <b>Stay &amp; Play</b><br>Berrygrove Family Centre<br>13:30 - 15:00<br>Weekly  | ●           |
| <b>Baby Sing &amp; Play</b><br>Croxley Green Family Centre<br>13:00 - 14:30<br>Weekly  | ●<br>●      |
| <b>Preparing for Baby</b><br>South Oxhey Family Centre<br>17:00 - 19:00<br>3 wk course: See link in description to book            | ●<br>●<br>● |



# 8th April 2020

0300 123 7572  
 watford&threerivers.fcscenquiries@inspireall.  
 hertsfamilycentres.org  
 watfordandthreeriversfcs.eventbrite.

## Thursday

|   |             |
|---|-------------|
| <b>2 Year Group Reviews (invite only)</b><br>Beechfield Family Centre<br>09:00 - 13:00<br>Weekly                      | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Berrygrove Family Centre<br>09:30 - 11:00<br>Weekly                        | ●<br>●      |
| <b>Early Talk (ask staff)</b><br>Leavesden Family Centre<br>10:00 - 11:30<br>6 wk course: 27th Feb - 2nd Apr          | ●           |
| <b>Baby Massage</b><br>Leavesden Family Centre<br>10:00 - 11:30<br>5 wk course: 23rd Jan - 20th Feb                   | ●<br>●<br>● |
| <b>Introduction to Solid Foods</b><br>Leavesden Family Centre<br>10:00 - 11:30<br>16th Jan                            | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>South Oxhey Family Centre<br>10:00 - 11:30<br>27th Feb                          | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>Croxley Green Family Centre<br>10:00 - 11:30<br>12th Mar                        | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Westfield Family Centre<br>13:00 - 14:30<br>Weekly                         | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>South Oxhey Family Centre<br>13:00 - 15:00<br>Weekly                       | ●<br>●      |
| <b>Baby Sing &amp; Play</b><br>Tanners Wood Hall<br>13:30 - 14:30<br>Weekly   | ●<br>●      |
| <b>Preparing for Baby</b><br>Westfield Family Centre<br>16:30 - 18:30<br>3 wk course: See link in description to book | ●<br>●<br>● |
| <b>First Aid</b><br>Beechfield Family Centre<br>19:00 - 21:00<br>27th Feb   | ●<br>●      |

## Friday

|  |             |
|--|-------------|
| <b>2 Year Group Reviews (invite only)</b><br>Croxley Green Family Centre<br>09:00 - 13:00<br>Weekly (not 10th Apr) | ●<br>●      |
| <b>Baby &amp; Toddler Health Clinic</b><br>Leavesden Family Centre<br>09:30 - 11:30<br>Weekly (not 10th Apr)       | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>Westfield Family Centre<br>10:00 - 11:30<br>24th Jan                         | ●<br>●      |
| <b>Introduction to Solid Foods</b><br>South Oxhey Family Centre<br>10:00 - 11:30<br>20th Mar                       | ●<br>●      |
| <b>Baby Massage</b><br>Westfield Family Centre<br>13:30 - 15:00<br>5 wk course: 24th Jan - 21st Feb                | ●<br>●<br>● |
| <b>Baby Sing &amp; Play</b><br>Ebury Family Centre<br>10:00 - 11:00<br>Weekly (not 10th Apr)                       | ●<br>●      |
| <b>Rhyme Time</b><br>South Oxhey Family Centre<br>13:30 - 14:30<br>Weekly (not 10th Apr)                           | ●           |
| <b>Active Rhyme Time</b><br>Chortleywood Community Library<br>14:15 - 14:45<br>Weekly (not 10th Apr)               | ●           |

## Saturday

|  |             |
|--|-------------|
| <b>Preparing for Baby</b><br>Westfield Family Centre<br>09:30 - 11:30, 12:30 - 14:30<br>3 wk course: See link in description to book | ●<br>●<br>● |
| <b>First Aid</b><br>Berrygrove Family Centre<br>13:30 - 15:30<br>7th Mar   | ●<br>●      |

### Key

- NHS delivered
- Breastfeeding support available from Breastfeeding Champions
- Bookable crèche available in this session
- Pregnancy (antenatal) and the first year
- Booking required
- Chargeable session
- Booked by Public Health Nursing

### Information

Please arrive 15 minutes before Baby and Toddler Health Clinic ends to ensure that your baby will be weighed.

Vitamins will be available from Baby and Toddler Health Clinics and at the hub.

Please note that we can support families with issues around domestic violence. Please ask a member of staff for more information.

