



Holywell Primary School

Tolpits Lane, Watford, Herts, WD18 6LL

Tel: 01923 225188 email: admin@holywell.herts.sch.uk

Headteacher: Mr Coert van Straaten MA, Ed, Dip Edu, NPQH

we are a learning community with the spirit to succeed

Friday 13th September 2019

Dear Parents/Carers

It has been a productive first full week back to school. Classes are settled and pupils are working hard in lessons. In our assembly last Friday we introduced our theme "Reflection" and talked about the relevance of this in our learning and behaviour around school.

Our School Charter says that Reflection means -

'We recognise and celebrate our achievements, we learn through our mistakes and we strive to improve.'

We have been very impressed so far with the children's politeness to both staff and visitors.

Behaviour Policy

The School Governors have reviewed the Behaviour Policy and this has now been updated. The main change to the policy is the schools STEPS approach for pupils. The STEPS approach is Hertfordshire's preferred behaviour management approach and this process is followed by the school when dealing with behaviour, especially unsafe behaviour of pupils.

A copy of the policy can be found on the school website.

Governors Report

I want to make parents aware of the Annual School Governors Report that has been put on the school website. The annual report is also attached to the newsletter.

Lateness

I would like to remind parents that school starts every day at 8:55 am. Children need to be lined up ready for collection by their teachers in the playground at this time. Punctuality has been good since the start of the school year, but lateness is starting to become an issue.

Meet the Teacher

On Thursday 19th September 2019 we will host our Meet the Teacher Evening. During this meeting, parents will get an opportunity to find out about the different routines for their child this year as well as what they will be learning about. It is a good opportunity to meet your child's new Class Teacher and answer any questions you might have. We will host two sessions for parents with more than one child. The first session will start at 3:30pm and the second session will start at 4:15pm.



Clubs

Morning and afternoon sports clubs recommence next Monday 16th September 2019. We still have some places available, please check the School Money system if you wish to enrol your child.

Moor Park Fun Run

On Sunday 29th September 2019 there will be a junior fun run at Moor Park. Every child who takes part will receive a medal! If you would like to sign up please log on to www.moorpark10k.org.uk



WELCOME TO THE MOOR PARK 10k FUN RUNS, SUPPORTING PEOPLE AFFECTED BY CANCER

Welcome to the Moor Park 10k & Fun Runs, an annual event that raises money for the Lynda Jackson Macmillan Centre. Since it was first organised in 2002 this event has raised thousands of pounds which has gone directly to support people affected by cancer at Mount Vernon Cancer Centre.



Bank Holiday – change of date!

Please note a small change to the term dates for 2019/2020. As a result of the national announcement about VE Day, the Bank Holiday has been moved from Monday to Friday.

The new Bank Holiday date is **Friday 8th May 2020**

Holywell Charter and Star Certificates

Class	Charter certificate	Star Learner of the Week award	Class	Charter certificate	Star Learner of the Week award
Blue Base	Mathieu	Rithwick	Mulberry	Luqmaan	Tiana
Red Base	Oliver	Tayla	Cedar	Raisa	Kian
Sycamore	Faith	Idil	Chestnut	Italia	Isa
Maple	Sathuja	Luca	Elder	Omi	Kalvin
Hawthorn	Poppy	Amina	Elm	Mahdi	Romeo
Hazel	Harvey	Iniyah	Rowan	Werfaan	Kai
Pine	Samuel	Maddison	Birch	Leighton	Leo
Aspen	Indianna	Malwina			

Class Assembly - Olympic Hall at 9:10am

DATE	CLASS	TOPIC
Friday 20th September	Year 6 Rowan	International Peace
Friday 27th September	Year 6 Birch	Harvest Assembly
Friday 4th October	Year 5 Chestnut	Black History
Friday 11th October	Year 5 Elder	6R Reflection
Friday 18th October	Year 4 Mulberry	Anti-Slavery Day
Friday 25th October	Year 4 Cedar	Diwali
Friday 8th November	Year 3 Pine	Bon Fire Night
Friday 15th November	Year 3 Aspen	Anti-Bullying Week
Friday 22nd November	Year 2 Hawthorn	Road Safety
Friday 29th November	Year 2 Hazel	St Andrew
Friday 6th December	Year 1 Sycamore	Hanukah
Friday 13th December	Year 1 Maple	Human Rights Day



Dates for your Diary

AUTUMN TERM

SEPTEMBER 2019

Monday 16th September 2019 – All clubs restart
Monday 16th September 2019 – Harvest collection starts
Tuesday 17th September 2019 – Governors meeting – 6:30pm
Wednesday 18th September 2019 – Year 5 Ukulele lessons
Thursday 19th September 2019 – Meet the Teacher - 3:30pm and 4:15pm
Thursday 19th September 2019 – Year 4 Mulberry swimming
Thursday 19th September 2019 - Rocksteady
Friday 20th September 2019 – Last day for Harvest collections
Tuesday 24th September 2019 – Year 4 Trip to Cassiobury Park
Wednesday 25th September 2019 – Year 5 Ukulele lessons
Thursday 26th September 2019 – Year 4 Mulberry swimming
Thursday 26th September 2019 - Rocksteady

OCTOBER 2019

Tuesday 1st October 2019 – Wizard Theatre starts
Tuesday 1st October 2019 - Black History Month – Bigfoot Theatre
Tuesday 1st October 2019 – Year 4 Rapid Fire Cricket at Queens School
Wednesday 2nd October 2019 – Year 5 Ukulele lessons
Thursday 3rd October 2019 – Year 4 Mulberry swimming
Thursday 3rd October 2019 – Year 6 Health Screening
Thursday 3rd October 2019 - Rocksteady
Tuesday 8th October 2019 – Wizard Theatre
Tuesday 8th October 2019 – Year 3 Celtic Hearts Workshop – Irish Dancing
Tuesday 8th October 2019 – Year 6 Basketball at Queens School
Wednesday 9th October 2019 – Year 5 Ukulele lessons
Thursday 10th October 2019 – Year 4 Mulberry swimming
Tuesday 15th October 2019 – Wizard Theatre
Tuesday 15th October 2019 – Year 5 Cross Country at Queens School
Wednesday 16th October 2019 – Year 1 trip to London Museum
Wednesday 16th October 2019 – Year 5 Ukulele lessons
Thursday 17th October 2019 – Year 4 Mulberry swimming
Thursday 17th October 2019 - Rocksteady
Monday 21st October 2019 to Friday 25th October 2019 – Festival of Learning week
Tuesday 22nd October 2019 – Parents Evening – 3:30pm to 6:00pm
Tuesday 22nd October 2019 – Wizard Theatre
Wednesday 23rd October 2019 – Year 5 Ukulele lessons
Thursday 24th October 2019 - Rocksteady
Thursday 24th October 2019 – Parents Evening 5:00pm to 7:30pm
Monday 28th October 2019 - Friday 1st November 2019 – Half term
Thursday 31st October 2019 – Secondary School Applications for September 2020 – Close

NOVEMBER 2019

Monday 4th November 2019 – Year 1 Assessments start
Monday 4th November 2019 – Reception Applications for September 2020 open
Monday 4th November 2019 – Poppy appeal starts
Tuesday 5th November 2019 – Wizard Theatre
Tuesday 5th November 2019 – Wizard Theatre Pantomime
Tuesday 5th November 2019 – Governors Meeting – 6:30pm
Wednesday 6th November 2019 – Big Foot Black History workshops – KS1 and KS2
Thursday 7th November 2019 – Big Foot Black History workshops – KS1 and KS2
Thursday 7th November 2019 – Year 4 Cedar Swimming
Thursday 7th November 2019 - Rocksteady
Monday 11th November 2019 – Whole School Assessment Week
Monday 11th November 2019 – Big Foot – Anti Bullying Workshops – KS1 and KS2
Tuesday 12th November 2019 – Big Foot – Anti Bullying Workshops – KS1 and KS2

NOVEMBER 2019 continued:

Tuesday 12th November 2019 - Wizard Theatre
Tuesday 12th November 2019 – Year 6 Hockey at Queens School
Wednesday 13th November 2019 – Big Foot – Anti Bullying Workshops – KS1 and KS2
Thursday 14th November 2019 – School Photographer - Individual and family photographs
Thursday 14th November 2019 - Rocksteady
Thursday 14th November 2019 – Year 4 Cedar Swimming
Tuesday 19th November 2019 – School Nurse to meet Year 6 and complete online questionnaires
Tuesday 19th November 2019 – Year 4 Speed Stacking at Queens School
Wednesday 20th November 2019 – Reception 2020 Open Day – 9:15am – to be confirmed
Thursday 21st November 2019 – Year 4 Cedar Swimming
Thursday 21st November 2019 - Rocksteady
Wednesday 27th November 2019 – Flu Immunisations – Reception to Year 6
Thursday 28th November 2019 – Year 4 Cedar Swimming
Thursday 28th November 2019 – Non Uniform Day – Sweets
Friday 29th November 2019 – Christmas Decoration Day

DECEMBER 2019

Monday 2nd December 2019 – Christmas Tree Decoration Day
Wednesday 4th December 2019 – Reception 2020 Open Day – 2:00pm – to be confirmed
Thursday 5th December 2019 – Year 4 Cedar Swimming
Thursday 5th December 2019 – Non Uniform Day – Chocolate and drinks bottles
Thursday 12th December 2019 – Non uniform Day – Cakes
Thursday 12th December 2019 – Year 4 Cedar Swimming
Thursday 12th December 2019 - Rocksteady
Friday 13th December 2019 – Christmas Jumper Day
Tuesday 17th December 2019 – Christmas Fete - 3:30pm to 5:00 pm
Tuesday 17th December 2019 – Governors meeting – 6:30pm
Tuesday 17th December 2019 - Early Year Christmas performance – 11:15am
Wednesday 18th December 2019 - Early Years Christmas performance – 9:30am
Wednesday 18th December 2019 – Key Stage 1 Concert to parents - 6:00 pm
Wednesday 18th December 2019 – Christmas Dinner Day
Thursday 19th December 2019 – Presentation Assembly
Thursday 19th December 2019 – Key Stage 1 Christmas concert to Key Stage 1 parents - 10:00am
Thursday 19th December 2019 – Key Stage 1 Christmas concert to Key Stage 2 parents - 2:00pm
Friday 20th December 2019 – Nursery AM only. Closes at 12:00 midday
Friday 20th December 2019 – Monday 6th January 2020 – Christmas break

ENRICHMENT DAYS:

Friday 13th September 2019 – Roald Dahl Day
Friday 20th September 2019 - Jeans for Genes Day
Friday 20th September 2019 - International Day of Peace (21st September 2019)
Thursday 26th September 2019 – European Languages Day
Tuesday 1st October 2019 – Black History Month starts
Wednesday 2nd October 2019 – Walk to School Day
Friday 4th October 2019 – World Space Week begins
Monday 7th October 2019 - National Braille Week
Thursday 10th October 2019 – World Mental Health Day
Wednesday 16th October 2019 – World Food Day
Friday 18th October 2019 – Anti Slavery Day
Sunday 27th October 2019 – Diwali
Thursday 31st October 2019 – Halloween
Tuesday 5th November 2019 – Bonfire Night
Sunday 10th November 2019 – World Science Day
Monday 11th November 2019 – Remembrance Day
Monday 11th November 2019 – Anti Bullying Week
Monday 18th November 2019 – Road safety Week
Wednesday 20th November 2019 – Universal Children’s Days – UN
Saturday 30th November 2019 – St Andrews Day
Monday 2nd December 2019 – International Day for the Abolition of Slavery
Tuesday 10th December 2019 – Human Rights Day
Sunday 22nd December 2019 – Hanukah



Holywell Primary School

Headteacher & Governors' Report for 2018 - 2019 & End of Year Accounts

The Governing Body is pleased to present its annual report to parents and carers for the year 2018 - 19.

Throughout this past year, the school has continued to focus on the key priorities of improving the outcomes for our pupils and ensuring that we continue to upgrade our resources and the school environment against a background of significant financial constraints.

As reported last year, due to falling pupil numbers entering the school as a result of a surplus of school places in this part of Watford, we have started to reduce the number of classes per year from three to two. Following consultation, the Local Authority has now confirmed that from September 2020 we will move to a 2-form entry school, reducing our admission number from 90 to 60 pupils. This confirmation will enable the school to manage its budget and staffing with greater certainty. In the coming year only Year 6 will retain three classes.

The Governing Body is responsible for approving the school's annual budget and ensuring the budget is well managed through regular reports from the school Bursar. In the current financial climate, we have an emphasis on reviewing all external contracts for potential savings when they are due for renewal. As an example, we are now saving £8000 per annum on our reprographics contract. In addition, we continue to look for all opportunities to generate additional income by letting the school facilities and premises.

As a result of careful management of the budget, the school has sufficient funding for the coming year, but the picture is far more uncertain as we look ahead.

A summary of the 2018 - 2019 end of year accounts is set out at the end of this report.

During the past year two new Parent Governors have joined the Governing Body, so that we now have a full complement of four Parent Governors playing an important role in support of the school. All governors take on specific responsibilities and there is a particular focus on Safeguarding and Equality/Inclusion where the governors have a statutory responsibility to ensure the compliance of the school. To achieve this, the governors keep the school's policies under review and receive regular reports from the Head to ensure that there are adequate arrangements in place. Further information about the Governing Body can be found on the school website.

Although there have been limited funds available to upgrade the school environment and resources, some important improvements have been made. A nurture space has been created behind the Olympic Hall to provide ongoing support to pupils where there have been behaviour issues and in the short time this has been in place it has proved to be a valuable new resource. Repairs have been carried out to the Infant Hall roof which will hopefully avoid the need for a major replacement. New electronic whiteboards have been installed in eight classrooms and we have subscribed to Purple Mash, a new computing scheme that can be used across the curriculum and which also allows pupils to access their homework at home.

ICT is an essential, but expensive, area of expenditure and we will continue to prioritise ICT resourcing as far as funding will permit. So next year we plan to purchase another eight electronic whiteboards and replace the PCs in a number of classrooms. We will also begin to replace our ageing laptops with Chromebooks, a less expensive solution, commencing with 32 Chromebooks for Year 6. These will be rolled out into other Year Groups in subsequent years. Regarding the school's facilities, we are seeking quotations to convert the school library into an intervention space. Finally, the school playing field is currently in an unsafe condition, so in the coming year we will undertake improvement works utilising a £20,000 grant from the Local Authority. This will enable us to use the field for our 'Daily Mile' and for a variety of sporting activities.

In March, the school took part in a Local Authority project, 'Closing the Gap', looking at our provision for disadvantaged children for whom we receive additional funding in the form of the Pupil Premium Grant (PPG). The evaluation was supportive of the school's approach, noting: 'the school has a clear rationale for their PPG strategy, with carefully targeted activities and provision the provision ensures a wealth of enrichment opportunities, including visitors and trips to increase the cultural capital of disadvantaged pupils'. Several recommendations were made which will further improve our provision and these will be implemented in the coming year.

In May we also collaborated in a two-day pilot Ofsted inspection for the new Ofsted framework, which will come into force this coming September. The new framework will have an emphasis on the breadth of the curriculum and the quality of education and will place less emphasis on pure outcomes. This was a tough two days for the staff, putting the school under close scrutiny and although there was no formal judgement made, it provided a valuable opportunity for the school to understand how it needs to continue to adapt and develop.

As mentioned last year we have taken the preparation of school dinners in-house. This is proving a great success as it is more cost effective and, in addition, we have much more flexibility in the meals we provide, the overall quality of meals has improved and we are also able to offer pupils a much wider choice with the provision of a meat, halal, vegetarian, and jacket potato options each day. The salad bar and the deserts are also very popular with all pupils. As a result of these changes, we are seeing an increase in the number of pupils opting for school meals.

We will start to review our curriculum from September by looking at the suitability of our current provision. Over the past few years with the use of the Power of Reading scheme we have enhanced links especially with English. In our review we will make these links between subjects more discreet to ensure that there is clear progression in pupils learning from the Early Year Foundation Stage up to the end of Year 6. We have continued our 'Take on book' theme and had great success with books such as The Black Book of Colours and Wolves in the Walls by Neil Gaiman. In addition to this, pupils have also looked at portraits by the well-known English artist L.S. Lowry. They have written about the relevance to them though a unit of work called, 'Through my Window' where they describe what they see outside their house window.

Our greatest success in terms of curriculum is no doubt the work completed around Spanish. The display of our heritage boxes at the Watford Family Research Centre and then Watford Museum, in addition to the fourteen pupils who were able to visit Spain, has laid the foundation for much more outstanding work around this area next year. In recognition of this, the school has been awarded a Heritage School Award by Historic England and we are looking forward to continuing this work through our informal link with Bromet, Oxhey Wood and Park Gate Junior schools. We will also be sending a group of pupils to Tenerife next year and will be hosting 60 pupils from primary schools in Tenerife and Cordoba.

We are pleased to report that during the year we reached our target of 100% of teaching quality in the school assessed as good or outstanding. This is an important milestone, but we will continue to strive for all teaching to be outstanding. Our focus on teaching next year will be around the delivery of the foundation subjects in school. This will go hand in hand with our review of the curriculum. We are also happy to have been awarded a Silver Award following our School Games Mark application, which recognises the continual improvements we are making around healthy living and Physical Education at Holywell.

We are continuing to offer a range of morning and afternoon clubs and will explore with parents the potential value of having a full breakfast club from September onwards.

Looking at pupil outcomes, the most significant achievement this year has been the improvement in the percentage of pupils who at the end of Year 6 have achieved a combined age related score in Reading, Writing and Maths. This figure has increased significantly from 44% up to 56%, which puts us within 9% of pupils nationally. This is due primarily to progress made in Mathematics where 72% of pupils have reached age related expectation compared to 51% last year. The focus on Mathematics this year across the school has paid dividends with improvements seen in Key Stage 1 and Key Stage 2.

The percentage of pupils reaching above age related expectation in Maths has also increased. The percentage of pupils reaching a good level of development in Reception has improved for a third successive year where 74% of pupils have reached this benchmark. Phonics results in Key Stage 1 remain broadly in line with national figures where the biggest improvement has been seen in Year 2. Pupils in Key Stage 1 have also shown improvements in Writing.

We continue to strive to improve outcomes for all our pupils whilst recognising there will always be areas highlighted for particular emphasis. Next year this will see a focus on the progress and achievement of higher achieving pupils and pupils entitled to receive pupil premier grant funding.

Once again we would like to express our gratitude and appreciation to all our staff for their hard work and dedication to the school and we are, as always, grateful for the continuing support of our parents and carers in helping to make this a safe, happy and improving school.

On behalf of the Governors of Holywell Primary School,



Irvin Needle
Chair of Governors



Coert van Straaten
Headteacher

July 2019

End of Year Accounts 2018 - 2019

Income

Revenue Income	2,380,592
Catering Income	29,515
Trips & Visits Income	22,465.00
Capital Income	29,620.00
Total Income	<u>2,462,192.00</u>

Expenditure

Budget area	Actual Spend
Staff & Staff Related	1,798,067.00
Admin & Professional Services	97,954.00
Catering & Hospitality	59,892.00
Department/Learning Resources	102,270.00
Trips/Visits/Swimming	28,163.00
Extended School Activities	28,373.00
ICT	40,553.00
Premises	218,305.00
Capital Expenditure	7,252.00
Total Expenditure	<u>2,380,829.00</u>

In Year Surplus	81,363.00
Reserves Brought Forward (01/04/2018)	197,376.00
Reserves Carried Forward (31/03/2019)	<u>278,739.00</u>

Apply for school on time

Applying for a school place for September 2020

Secondary/Upper/Studio/University Technical College
Application deadline: Thursday 31 October 2019

Primary (Reception)/Junior/Middle
Application deadline: Wednesday 15 January 2020

Apply online at
www.hertfordshire.gov.uk/admissions



Re-launches 23rd September



**Positive
Minds;**
Empower

PHYSICAL ACTIVITY WELLBEING SESSION

Ages 9 - 12

Girls

Thursdays at 6:15 - 7:45pm

***The Meriden Centre, Garsmouth Way,
Watford, WD25 9ET***

Boys

Tuesdays at 6 - 7:30pm

***YMCA, Country Park, College Road,
Abbots Langley, WD5 0GU***

Contact ryan.gunn@watfordfc.com to sign up



**Premier League
Charitable Fund**



**COMMUNITY SPORTS
& EDUCATION
TRUST**
REGISTERED CHARITY NO: 1102239

BOXING



DANCE



FOOTBALL



Starting 23rd September

Positive Minds; Empower is a FREE 12-week Physical Activity Wellbeing Programme offering mental health focused physical activity through a variety of sports in Watford and Hemel Hempstead.

During Positive Minds; Empower there will be an hour long physical activity session, followed by 30 minutes of 'wellbeing workshop' where participants complete activities with a focus of mental wellbeing.

Participants will be referred onto Empower through parents and guardians, schools, family and support workers, healthcare professionals and existing local children services. All referrals must be sent to ryan.gunn@watfordfc.com



Families in Focus CIC

Newly diagnosed parents: Understanding the SEND world

A workshop for parents/grandparent/adoptive or foster carers caring for children and/or young people with autism, ADHD, any additional needs

Funded by DSPL Area 9 Supporting Families, Children & Young People in Watford, Three Rivers, Bushey and Radlett.

"I recently attended this workshop and learned so much. I now know who to contact for the extra support I need with my child's EHC Plan and have strategies and techniques I feel confident in using when I attend the next meeting so can be assertive when speaking up for my child so he is more likely to get the support needed."

As a parent we can often feel confused, overwhelmed and even intimidated when attending meetings with teachers, SENCO's, Doctors and other education and healthcare professionals.

This workshop will give you knowledge, practical skills, insight into your/your child's rights and techniques to be an assertive, confident, professional parent and enable you to work with other professionals so you can get the very best for your child and your family.

Where:
**Stanborough Centre
609 St Albans Road,
Watford
WD25 9JL**

When:
**18th November
10am to 12pm**

DSPL | Delivering Special
Provision Locally
Achieving quality outcomes



Families In Focus CIC

**Places are limited and must be booked
by contacting**

Families in Focus CIC:

Email bookings@familiesinfocus.co.uk



FREE

Families in Focus **Just for Dads** Guide to.....

2 hour workshops 'Just for Dads' caring for children with special needs and/or disabilities living in the Watford, Bushey, Radlett & Three Rivers areas – funded by DSPL 9

Where:

Otley Family Centre

Otley Way

Watford

Hertfordshire

WD19 7TB

Time: 7pm to 9pm

Workshop for dads, grandads, male adoptive, foster carers to get together with others caring for children/young people with Autism, ADHD, special education needs etc and share experiences, knowledge and information.

30th September: Emotional journey & and effects on relationships when parenting children with SEND

11th November: Managing your stress

20th January: Parents guide to body changes & hygiene for young people with SEND

9th March: Using empathic communication to build emotional regulation

**To book your free place on contact
Francine & Lesley:
bookings@familiesinfocus.co.uk**

DSPL | Developing Special
Provision Locally

Be involved, make a difference

DSPL area 9 Supporting families of children with SEND in Watford, Bushey, Radlett & Three Rivers



Website: www.familiesinfocus.co.uk Email: info@familiesinfocus.co.uk Tel: 01442 219 720

Families in Focus Parent Network support & guidance groups in Hemel Hempstead, Watford, St Albans and Stevenage



Hertfordshire
Family Centre
Service

WHAT'S ON

Watford & Three Rivers District



Autumn Programme

Sept - Dec 2019

Covering Oxhey, South Oxhey, Watford, Croxley Green,
Rickmansworth, Chorleywood, Leavesden, Abbots Langley

Visit our website:

www.hertsfamilycentres.org

0300 123 7572

Delivered by



InspireAll

NHS
Hertfordshire Community
NHS Trust

On behalf of



Welcome to your Family Centre...

Oxhey, South Oxhey, Watford, Croxley Green, Rickmansworth, Chorleywood, Leavesden, Abbots Langley



Keep up to date

For regular updates on the Family Centre service please see our Facebook page: Watford and Three Rivers Family Centre Service

You can also sign up to receive our NEW family newsletters here: <http://bit.do/WatfordFCS>

NEW Registration Competition
Have you registered with us? Register today and be entered into our monthly prize draw to win a £50 shopping voucher.

All you need to do is register (or re-register if you registered previously) with the Children's Central your family details via our website www.hertfamilycentres.org, or use the QR code below.

It's free to register with the Family Centre Service and registration is necessary to access our service.

Also, look out on our Facebook page for local adult learning opportunities.

Parents, to ensure that all our children are protected and kept safe we remind you that mobile phones need to be switched off during our sessions.



What's On...

2 Year Group Reviews
Speak to a team member

Specialist Breastfeeding Support
For Specialist Breastfeeding Support please call 0300 123 7572. Select your area, then choose option 1 to talk to a Health Visitor. **NHS**

Active Rhyme Time
1-3 yrs

Register with us
This programme of activities is subsidised with local authority funding for Hertfordshire families registered with the Family Centre Service. Please ensure that you are registered prior to attending an event. If you are not already registered, for ease we would recommend you do so before your first event with us, otherwise registration will be required on the day. Simply scan the QR code below and follow the instructions or visit our website: www.hertfamilycentres.org



Baby Sing & Play
0-12 mths £1.50 per family

A fun, interactive session for babies with singing, actions and tummy time. An opportunity to discover more about your baby's development and to make new friends in a relaxed and friendly environment.

Breastfeeding Group
Mum & Baby

An opportunity to meet other mums and get comfortable with breastfeeding out and about. Support available from trained Family Centre staff.

Crèche
0-5 yrs £3 per child

A chargeable service, available for parents attending a course.

Early Talk
18mths - 2.5yrs team member

A six week course to develop your child's communication and language. Run in partnership with the speech and language team. **NHS**

Families Feeling Safe
Adults - Speak to a team member

A free 9 week course to enable parents and carers to recognise

How to book

To book please visit our Eventbrite account watfordandthreeriversfcs.eventbrite.com. Please note that if you are booking 'Preparing for Baby' please go to www.eventbrite.co.uk/0/hct-20041788297 and select a convenient time and date.

We also offer a loyalty card at our drop in sessions which is available at all centres. Attend 5 sessions and your 6th session is free.

and build on their own strengths in managing and understanding their children's behaviour, communicating with others, expressing feelings and making safe choices.

Family Fun
0-8 years £3 per family

Fun sessions during the school holidays where you can play with your children and meet other local families and Family Centre staff. These sessions are mainly aimed at under-fives, however there are some activities to engage your older children if they would like to attend.

Family Toolkit
Adults - Speak to a team member

Do you have a child aged 2 to 5 years old? This is a great course to learn some new ideas about how to manage your child's behaviour and get the best out of family life.

First Aid
Adults Only £25

A 2 hour introduction to First Aid. This session will focus on baby and child resuscitation, treating head injuries, choking and burns. Parents to be are welcome. Led by an experienced First Aid Trainer.

Introduction to Solid Foods
4-6 mths

NHS guidelines recommend introducing solid foods to your baby around 6 months. Join us when your baby is 4-6 months old so you can prepare early, know the signs your baby is ready for food and get information in line with NHS guidelines as you prepare for this exciting next stage.

Introduction to Solid Foods -
follow on 7-9 mths

How are things going for you and your baby? Come and join us for a session that provides further information and practical advice on introducing solid foods to your baby. We will look at different tastes and textures your baby will enjoy at this stage, share recipe ideas and answer questions.

Parenting Puzzle
Speak to a team member

For Parents/Carers with children aged 3 - 11 years. This course will enable you to understand how emotions can influence actions and offers practical ways of guiding children so that they learn to manage their feelings and control their behaviour.

Preparing for Baby
Mums to be

Delivered by Midwives, Health Visitors and Family Support Staff. All you need to prepare you for labour and parenthood. Book onto this course by around week 25 of your pregnancy to complete by week 35. To book please go to www.eventbrite.co.uk/0/hct-20041788297 and select a convenient time and date. **NHS**

Rhyme Time
0-5 yrs £1.50 per family

Come and join us for a fun session with rhymes and music. You and your child will be encouraged to join in with singing and movement and can explore instruments and sensory materials. You will have the chance to make friends with other parents and carers.

Stay & Play
0-5 yrs £3 per family

A fun-filled session which brings together all of your children's favourite activities. This session is for you and your children to play together. Please dress your children in old clothes.

Welcome to the World
Adults - Speak to a team member

This is for parents expecting a baby who are 22+ weeks into pregnancy. What does it mean to become a parent? Prepare for a new life with a baby. Meet other parents-to-be. You can come on your own or bring a friend or partner if you prefer.

Watford & Three Rivers Hubs



Westfield Family Centre
Croxley View, Watford
WD18 6NS

South Oxhey Family Centre
Northwick Road, South Oxhey
Watford, WD19 6NL

☎ 0300 123 7572

✉ watford&threerivers.fcenquiries@inspireall.com

🌐 hertsfamilycentres.org

Watford & Three Rivers
Family Centre Service 

Where to find Services

Listed below are the locations of your local services. For more choice and to access all services countywide please visit www.hertsfamilycentres.org

Bedmond Village Hall
Abbots Langley, WD5 0QP

Beechfield Family Centre
Gammons Lane
Watford, WD24 5TY

Berrygrove Family Centre
Cow Lane
Watford, WD25 9PW

**Chorleywood
Community Library**
Lower Road
Chorleywood, WD3 5LB

Croxley Green Family Centre
Dulwich Way, Croxley Green
Rickmansworth, WD3 3PX

Ebury Family Centre
off Raglen Gardens,
Oxhey Hall,
Watford, WD19 4LL

Leavesden Family Centre
High Road, Leavesden
Watford, WD25 7QZ

Littlebury Family Centre
Littlebury Hall
Mildred Avenue
Watford, WD18 7DY

Maple Cross JMI School
Denham Way, Maple Cross
Rickmansworth, WD3 9SS

Skidmore Way Health Clinic
Skidmore way
Rickmansworth, WD3 1SZ

South Oxhey Family Centre
Northwick Road
South Oxhey, WD19 6NL

Tanners Wood Hall
School Mead
Abbots Langley, WD5 0FE

Tesco Community Room
239-241 Lower High Street
Watford, WD17 2BD

Westfield Family Centre
Croxley View, Watford
WD18 6NS

William Penn Leisure Centre
Shepherds Lane, Mill End
WD3 8JN

try rugby

**free
taster
sessions**

**Sundays
10am**

Contact Fiona
07498 070727 or
fiona.casey342@icloud.com

ages 5-17

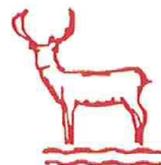
**Radlett Road
Watford
WD24 4LL**

**teamwork
respect
enjoyment
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Imatter Counselling Therapy Networks

Introducing: Therapy, Art & Mindfulness, (T.A.M.) GROUP SESSIONS to your Community  connecting your **Mind, Body & Soul**.

A Three Spicy Combination of **Group Therapy, Art and Mindfulness** all in one Sessions, tailored to lift your **Mood** in the **Morning** and **the rest of the day**, at the Cheapest Price of **£10.00** an HOUR. **Pay as you go, Friday's from 20th Sept.**

VENUE: HOLLYWELL COMMUNITY CENTRE TIME: 10:45-11:45 am.

During the Sessions, you will introduced to:-

- 15 minutes **discussion** of the day's topic, allowing you to focus on your **Personal Life** and **Reflections, learning healthy tips.**
- Have 30 minutes of enjoying **Art** including, **Painting, Colouring** and making Your own **Personalised Posters**, expressing your **Feelings**, which you can take to your homes.
- Lastly, we will have **10 Minutes Mindfulness Session**, letting your Thoughts and **Feelings** flow, relieving any issues of **Pain** and **Suffering**, leaving you **Free Spirited** as you go home.

Call on: **07718835909** to Book a **1 Hour** Session and Start Changing Your Life. **IMATTER COUNSELLING THERAPY NETWORKS**

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